# Using Medicaid to Pay for Tenancy Supports in Supportive Housing

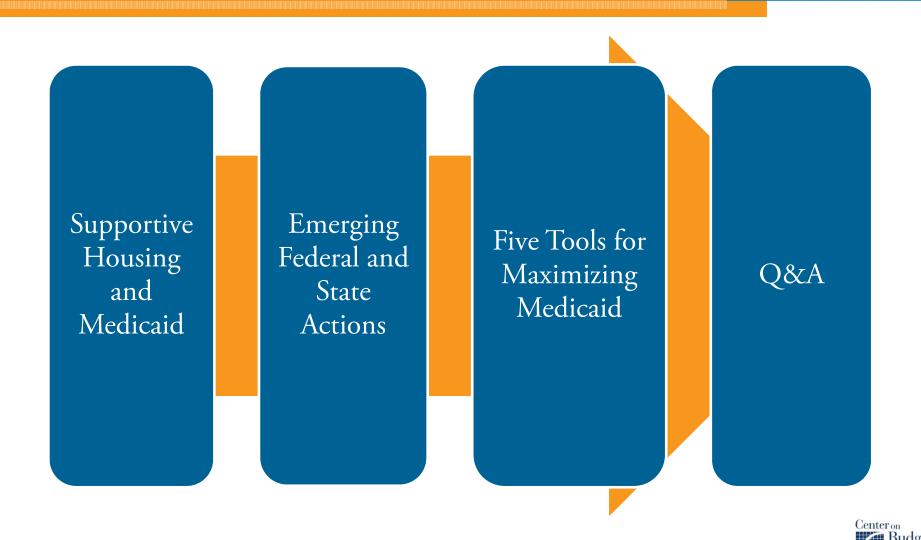
Housing First Partners

The Source for Housing Solutions





#### Medicaid & Supportive Housing



#### Background



Please share your name, title, organization, and state.

What is your state doing, or what do you want to do related to Medicaid and supportive housing? (2 sentences!)



Housing First Partners

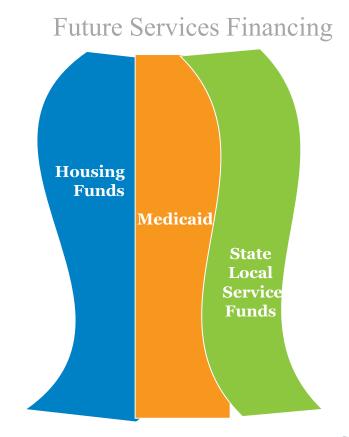
MEDICAID & SUPPORTIVE HOUSING



### Motivations from the Supportive Housing Field

 Flexible, but short-term dollars are paying to meet long-term needs.

 Leveraging Medicaid stretches flexible dollars further.





#### Motivations from the Health Care Field

Triple Aim

Housing as a Social Determinant of Health



#### How does Medicaid work?

#### State & federal governments share costs.

- Federal: Centers for Medicare and Medicaid Services (CMS)
- State: State Medicaid Agency

The Medicaid State Plan defines their agreement.

Managed Care Organizations (MCOs) contract with states to administer either part or all of the Medicaid Plan



#### What can Medicaid Pay For?

### Services

Medicaid dollars pay for medically-necessary services.

States are now creating supportive housing service benefits to pay for "Tenancy Supports"

### Housing

Traditional Medicaid dollars cannot pay for 'room and board'.

State portion of Medicaid budget can pay for housing.

(New York)



#### Vehicles for Change

#### **Medicaid Authorities**

- 1115 Waiver- demonstration program
- 1915 (c) Home and Community Based
   Services Waiver- must meet access
   to care criteria for living in an institution
- 1915(b) Waiver for Managed Care
- State Plan Amendments
  - General
  - Health Homes
  - 1915 (i) HCBS State Plan Amendment

#### **Changes in Practice**

\*States can change their Medicaid State Plan using state plan amendments (SPAs) and waivers that must be approved by CMS



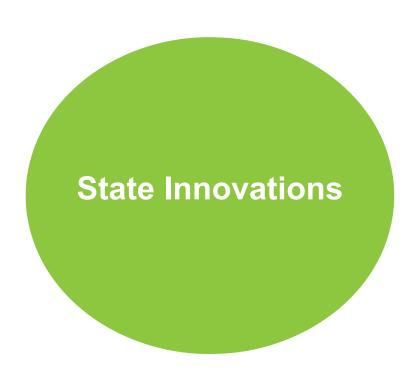
Medicaid Supportive Housing Service Benefits

**EMERGING POLICY TRENDS** 



#### Federal and State Actions







#### CMS Information Bulletin- June 2015

DEPARTMENT OF HEALTH AND HUMAN SERVICES Centers for Medicare & Medicaid Services 7500 Security Boulevard, Mail Stop \$2-26-12 Baltimore, MD 21244-1850



#### CMCS Informational Bulletin

DATE: June 26, 2015

FROM: Vikki Wachino, Director

Center for Medicaid and CHIP Services

SUBJECT: Coverage of Housing-Related Activities and Services for Individuals with

Disabilities

This Informational Bulletin is intended to assist states in designing Medicaid benefits, and to clarify the circumstances under which Medicaid reimburses for certain housing-related activities, with the goal of promoting community integration for individuals with disabilities, older adults needing long term services and supports (LTSS), and those experiencing chronic homelessness 1. Consistent with statute, CMS does not provide Federal Financial Participation (FFP) for room and board2 in home and community based services,3 but can assist states with coverage of certain housing-related activities and services.

This Bulletin underscores CMS' commitment to help states expand home and community-based living opportunities consistent with the Affordable Care Act, the implementation of the Home and Community Based Services (HCBS) settings final rule governing Medicaid's 1915(c) HCBS Waiver program, 1915(i) HCBS State Plan Option, and 1915(k) Community First Choice State Plan Option, as well as the Americans with Disabilities Act and the Supreme Court's decision in Olmstead v. L.C.5 The information in this Bulletin is based on evidence from studies demonstrating that providing housing-related activities and services facilitates community integration and is cost effective. This Bulletin is also intended to help states design benefit programs that acknowledge the social determinants of health, and contribute to a holistic focus on improvement of individual health and wellness.

#### Describing Housing-Related Activities and Services

Most broadly, housing-related activities include a range of flexible services and supports available to individuals with disabilities and older adults needing LTSS, as well as collaborative

efforts among key Medicaid and housing agency staffs and stakeholders. In recent years, the

The information in this Bulletin is based on evidence from studies demonstrating that providing housing-related activities and services facilitates community integration and is cost effective.



<sup>&</sup>lt;sup>1</sup> CMS and SAMHSA are working on providing additional guidance to clarify the circumstances under which Medicaid reimburses for certain housing-related activities and services for persons experiencing chronic homelessness.

Room and board also includes capital funds used for new construction or rehabilitation of housing.

There are two exceptions that are described in the paragraph on 1915(c) waivers on page 5.

<sup>&</sup>lt;sup>4</sup> Final Rule - CMS 2249-F - 1915(i) State Plan Home and Community-Based Services, 5-Year Period for Waivers, Provider Payment Reassignment, Setting Requirements for Community First Choice, and CMS 2296-F 1915(c) Home and Community-Based Services Waivers, published January 10, 2014, available at <a href="http://www.medicaid.gov/HCBS">http://www.medicaid.gov/HCBS</a>
Americans with Disabilities Act and as interpreted in the U.S. Supreme Court's 1999 decision in Olmstead vs. L.C (Olmstead).

For details: Statement of the Department of Justice on Enforcement of the Integration Mandate of Title II of the Americans with Disabilities Act and Olmstead v. L.C. http://www.ada.gov/Olmstead/jo&a\_Olmstead.htm

#### Housing-related Activities & Services

#### 1. Individual Housing Transition Services

Services that support an individual's ability to prepare for and transition to housing.

#### 2. Individual Housing & Tenancy Sustaining Services

Services that support the individual in being a successful tenant in his/her housing arrangement and thus able to sustain tenancy.

# 3. State-level Housing Related Collaborative Activities



## Tenancy Support Services in Supportive Housing

Tenancy Supports	Housing Case Management
Outreach and engagement	Service plan development
	Coordination with primary care and health
Housing search assistance	homes
	Coordination with substance use treatment
Collecting documents to apply for housing	providers
Completing housing applications	Coordination with mental health providers
Subsidy applications and recertifications	Coordination of vision and dental providers
	Coordination with hospitals/emergency
Advocacy with landlords to rent units	departments
	Crisis interventions and Critical Time
Master-lease negotiations	Intervention
Acquiring furnishings	Motivational interviewing
Purchasing cleaning supplies, dishes,	
linens, etc.	Trauma Informed Care
Moving assistance if first or second	
housing situation does not work out	Transportation to appointments
Tenancy rights and responsibilities	
education	Entitlement assistance
Eviction prevention (paying rent on time)	Independent living skills coaching
Eviction prevention (conflict resolution)	Individual counseling and de-escalation
Eviction prevention (lease behavior	Linkages to education, job skills training, and
roquiromente)	omployment

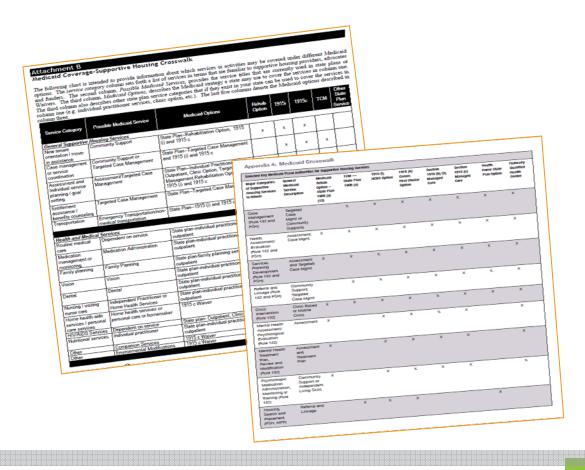
Housing First Partners Conference

FIVE TOOLS FOR LOUISVILLE



#### 1. Medicaid Supportive Housing Services Crosswalk

Identifies coverage of supportive housing services under current state plan and authorities to identify coverage and gaps.



Rhode Island
Arizona
Washington
Colorado
Connecticut
Pennsylvania
New Hampshire
New Mexico



#### 2. Supportive Housing Medicaid Business Case

Demonstrates potential cost-savings of paying for tenancy supports instead of emergency care.

- Summarize national evidence of cost savings.
- 2. Use cost data for people with the highest costs who are not stably housed.
- 3. Apply a cost reduction percentage that supportive housing can achieve.
- 4. Demonstrate state portion of cost savings.





#### 3. Collaboration and Advocacy



Bring the housing and health care worlds together with information to support common goals around serving people with the greatest needs.

**Example: Washington State** 



#### 4. Medicaid Academy

Analyzes licensing, credentialing, and contracting required to bill Medicaid and teaches providers of supportive housing services how to become billers.





#### 5. MCO Partnerships

- Data-matching
- Service provision
- Coordinated Access







#### **Next Steps**

What is your action plan?

What questions do you need to answer to take your next steps?





#### Resources

CSH/USICH Quick Guide to Improving Medicaid Coverage for Supportive Housing Services

<u>USICH/NHCHC Medicaid & Supportive Housing Quick Guide</u> <u>for Health Centers</u>

**CMCS Information Bulletin on Tenancy Supports** 

CSH White Paper- Creating a Medicaid Supportive Housing Services Benefit: A Framework for WA and Other States

CSH Summary of State Actions on Medicaid and Housing



#### **Speaker Contact Info**

Debbie Thiele
Director, National Consulting
Services

**CSH** 

Debbie.thiele@csh.org

206-234-2518

Peggy Bailey
Director, Health Integration Project

**Center on Budget and Policy Priorities** 

pbailey@cbpp.org

202-325-8823

